

CERTIFICATE

OF PARTICIPATION

This is to certify that

Geoff Lupton-smith

Has successfully participated & completed the

20km Trail Race Arnold Chatz Nogwaja Trail Run

held at Rustig Hiking Trails.

TIME 03:13:43

PACE 09:40/km

OVERALL 72 of 126

GENDER 62 of 87

60 - 69 1 of 2

29 July 2018, Sun

Date



Bout Time